

# MANAGEMENT OF MYELOFIBROSIS: 2023 UPDATES

---

Jean-Jacques KILADJIAN

Clinical Investigations Center

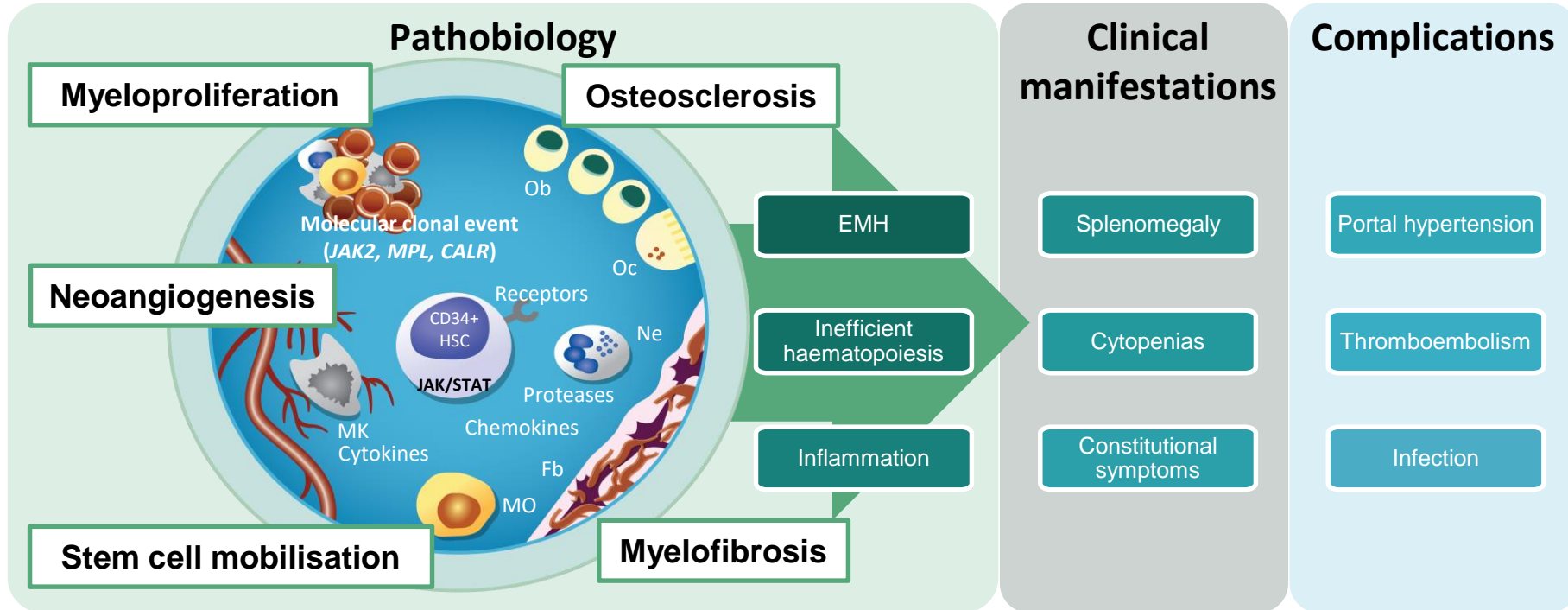
Saint-Louis Hospital, Université Paris Cité



# Disclosures for Jean-Jacques Kiladjian, MD, PhD

Royalty	N/A
Receipt of intellectual property/ Patent holder	N/A
Consulting fee, Advisory boards	Novartis, BMS, Abbvie, Incyte, AOP Health, GSK
Speakers bureau, Speaker fees	Novartis
Fees for non-CME services	N/A
Contracted research (institutional)	N/A
Ownership interest (stocks, stock options)	N/A
Other	N/A

# Clinical Manifestations of Myelofibrosis



CD34: cluster of differentiation 34; EMH: extramedullary haematopoiesis; Fb: fibroblast; HSC: haematopoietic stem cell; JAK: Janus kinase; MK: megakaryocyte; MO: monocyte; MPL: myeloproliferative leukaemia virus oncogene; Ne: neutrophil; Ob: osteoblast; Oc: osteoclast; STAT: signal transducer and activator of transcription.

# Key International MF Treatment Guidelines

	ELN <sup>1</sup>	NCCN <sup>2</sup>	ESMO <sup>3</sup>	BCSH <sup>4,5</sup>
Diagnosis	WHO 2016 <sup>6</sup>	WHO 2016 <sup>6</sup>	WHO 2008	Campbell and Green 2006 <sup>7</sup> + CALR diagnostic
Treatment	Ruxolitinib for splenomegaly <ul style="list-style-type: none"> <li>• Int-2 and high-risk</li> <li>• Int-1 if highly symptomatic (local symptoms or impairment of food intake)</li> <li>• Patients resistant to or intolerant of HU</li> </ul>	Ruxolitinib for <ul style="list-style-type: none"> <li>• Low/Int-1 risk if symptomatic</li> <li>• Int-2 and high risk if not a transplant candidate and platelet count &gt; 50k</li> </ul>	Ruxolitinib for patients with symptomatic splenomegaly or constitutional symptoms (if allowed by label for Low and Int-1 risk MF)	Ruxolitinib for <ul style="list-style-type: none"> <li>• Symptomatic splenomegaly</li> <li>• MF symptoms that impinge upon QoL</li> <li>• Hepatomegaly and portal hypertension due to MF</li> </ul>
Response	Tefferi Blood 2006 <sup>8</sup> ; updated in 2013	ELN (Tefferi Blood 2013) <sup>9</sup>	ELN (Tefferi Blood 2013)	<ul style="list-style-type: none"> <li>• Tools like the MPN-SAF</li> <li>• ELN (Tefferi Blood 2013)</li> </ul>

1.Barbui T, et al. Leukemia. 2018.

2.NCCN Clinical Practice Guidelines in Oncology Version 1.2017 – September 26, 2016.

3.Vannucchi AM et al, Annals of Oncology. 2015(Supplement 5);v85-v99.

4.Reilly JT, et al. Br J Haematol. 2012;158:453-471.

5.Reilly JT, et al. Br J Haematol. 2014;167:418-438.

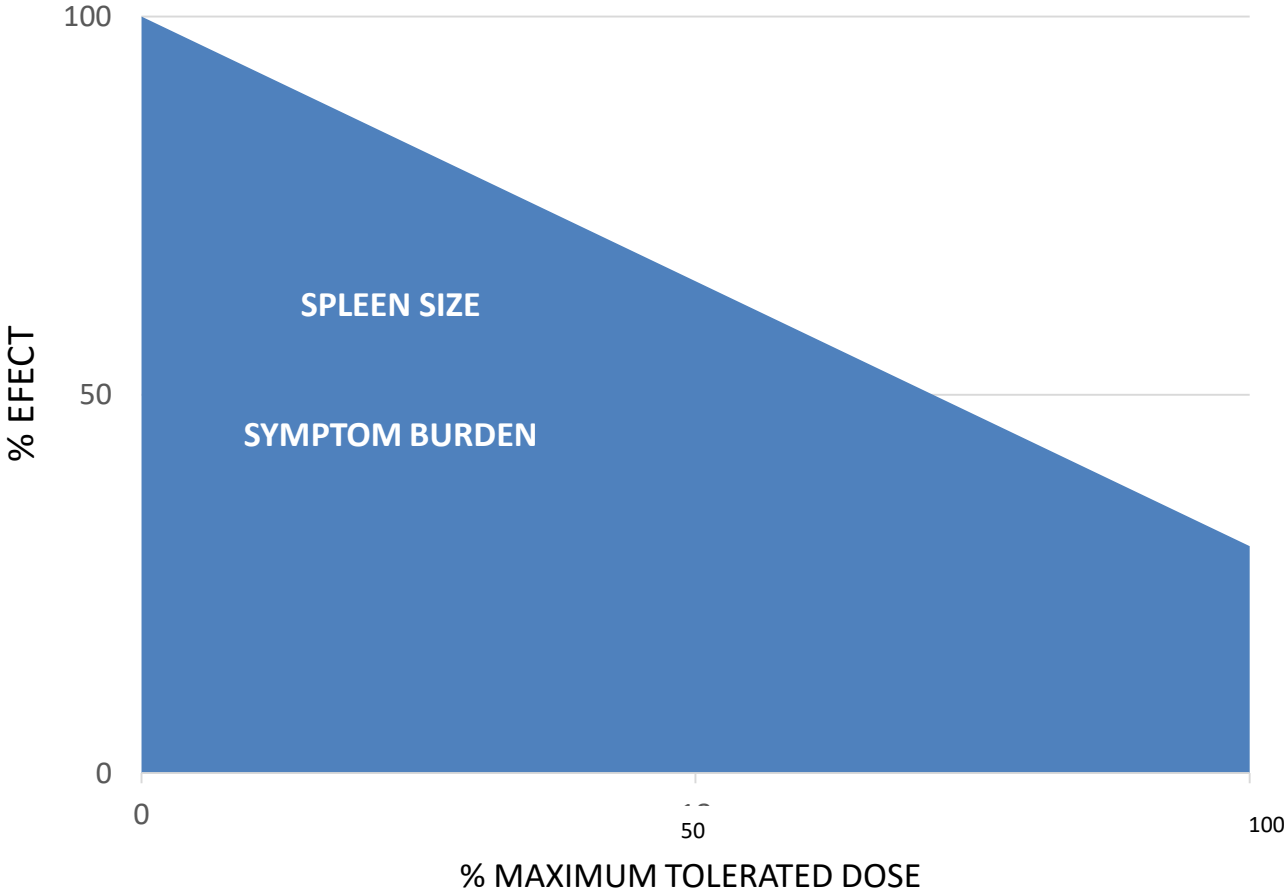
6.Arber D, et al. Blood. 2016;127:2391-2405.

7.Campbell PJ and Green AR. N Engl J Med. 2006;355:2452-2466.

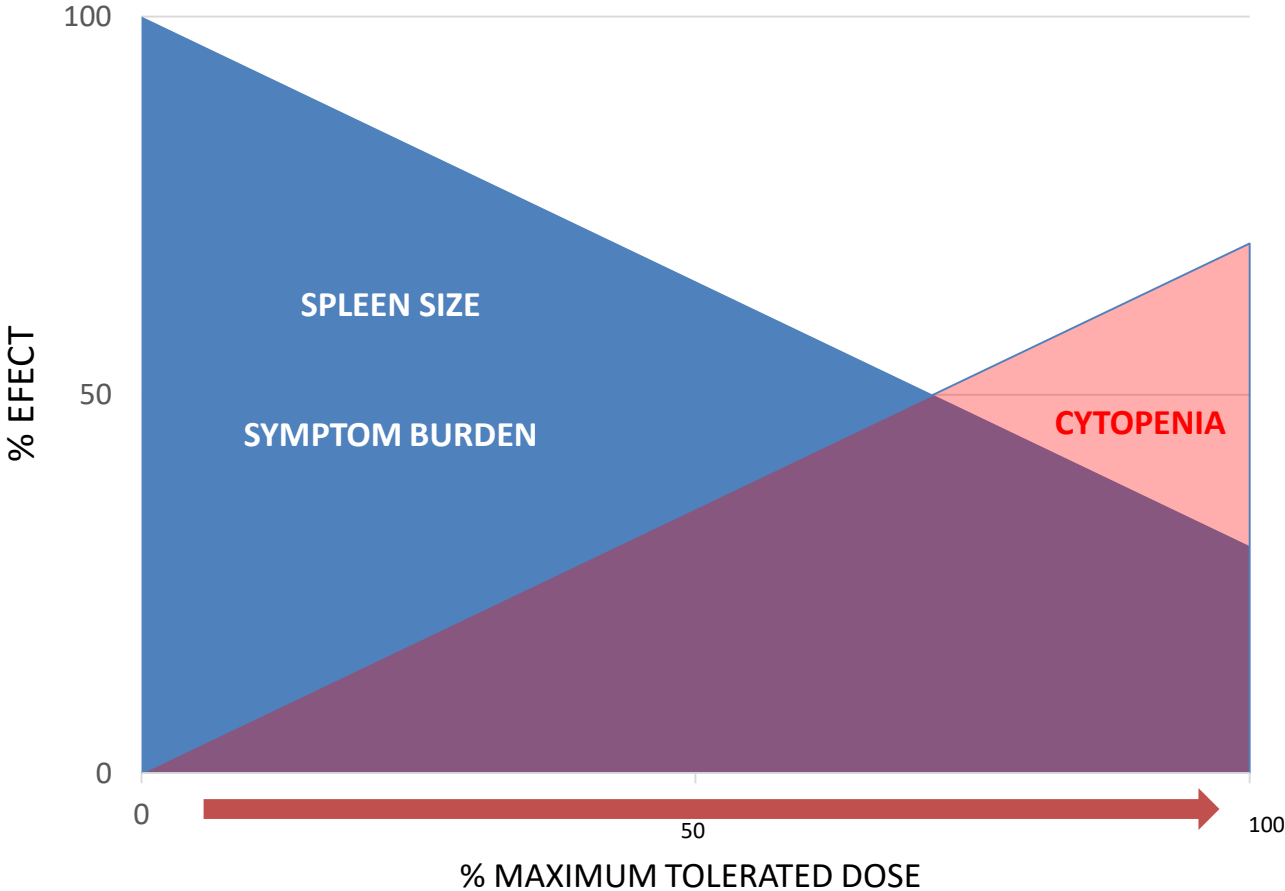
8.Tefferi A, et al. Blood. 2006;108(5):1497-1503.

9.Tefferi A, et al. Blood. 2013;122(8):1395-1398.

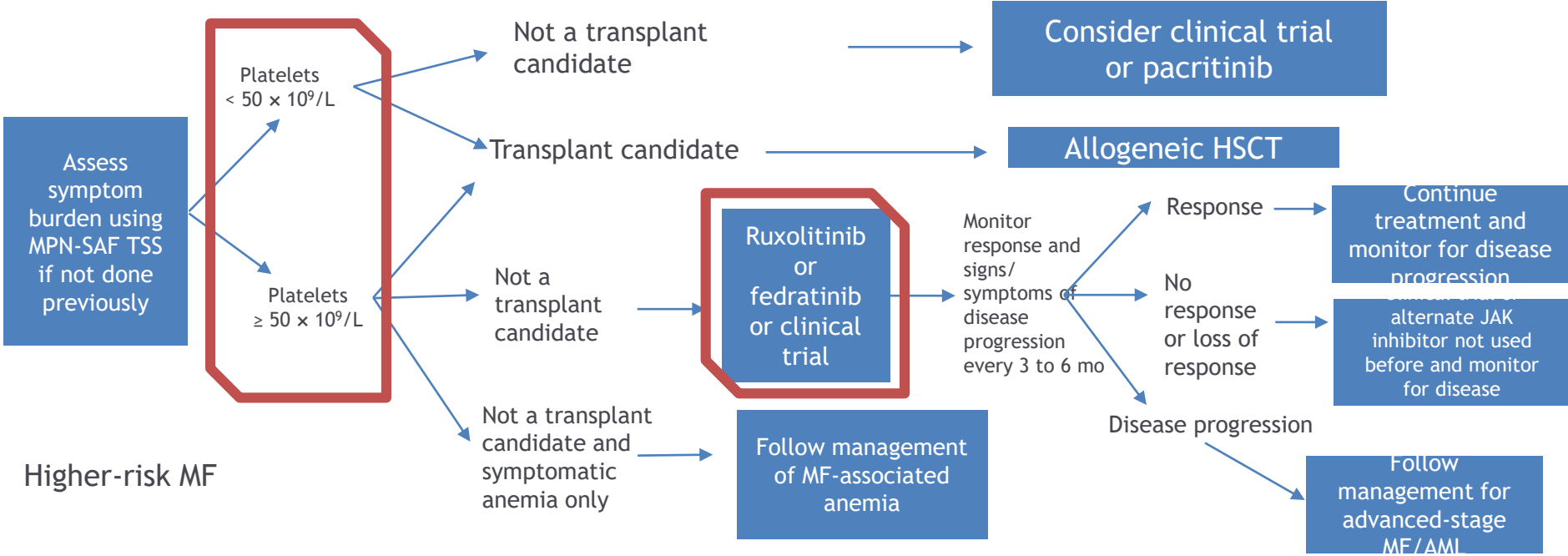
# IMPACT OF RUXOLITINIB DOSING



# IMPACT OF RUXOLITINIB DOSING



# Updated NCCN Guidelines - Treatment for Higher-Risk MF

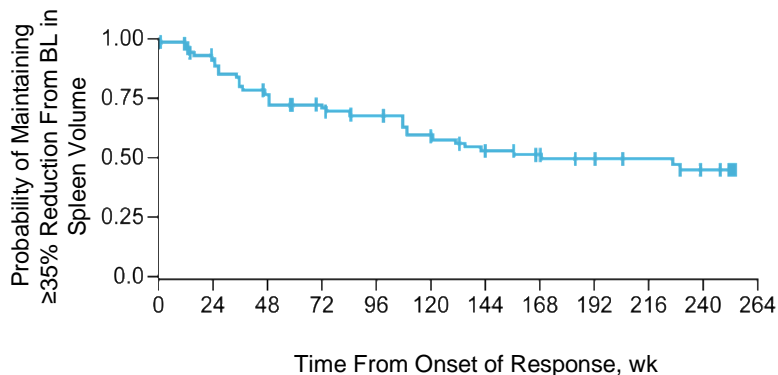


Adapted from NCCN Guidelines by J.J. Kiladjian. Myeloproliferative neoplasms (V3.2022). 2022. <https://www.nccn.org/guidelines>.

# COMFORT-I and COMFORT-II: Outcomes

## COMFORT-I

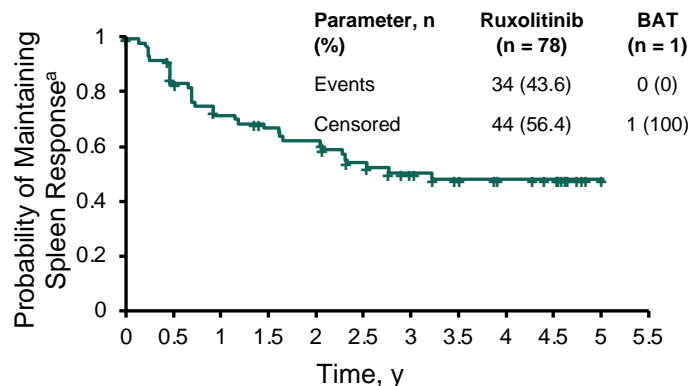
Randomised, phase 3 study in which patients with Int-2 risk/high-risk MF received **ruxolitinib** (15/20 mg BID) vs **PBO**



**59.4%** (92/155) had achieved a  $\geq 35\%$  SVR at any time during the study, with a median duration of response of **168.3 wks**

## COMFORT-II

Randomised, phase 3 study in which patients with Int-2 risk/high-risk MF received **ruxolitinib** (15/20 mg BID) vs **BAT**



$\geq 35\%$  SVR among ruxolitinib-randomised patients were sustained with long-term therapy (median, 3.2 y); probability of maintaining SVR at 3 years: 0.51 (95% CI, 0.38-0.62) and at 5 years: 0.48 (95% CI, 0.35-0.60)

<sup>a</sup> Interval from first spleen volume measurement of  $\geq 35\%$  reduction from baseline at any time on study and the first scan that is no longer a 35% reduction and that is a  $>25\%$  increase over on-study nadir.

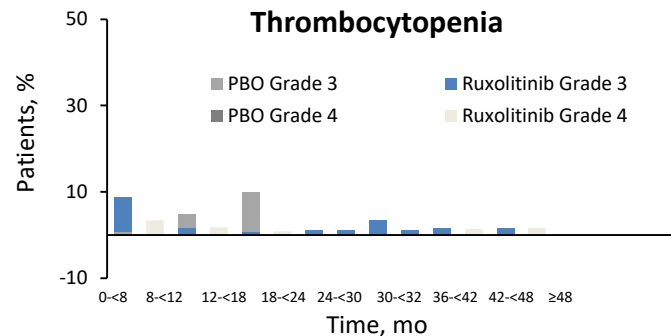
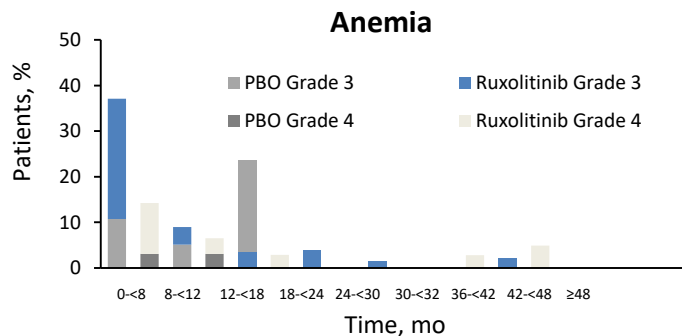
BAT: best available therapy; BL: baseline; Int: Intermediate; PBO: placebo; SVR: spleen volume reduction.

Verstovsek S et al. *J Hematol Oncol.* 2017;10:55. Harrison CN et al. *Leukemia.* 2016;30:1701-1707.



# COMFORT-I and COMFORT-II: 5-Year Safety Findings

Preferred Term, n (Exposure-Adjusted Rate)	Ruxolitinib Randomised (n = 146)	Ruxolitinib Randomised + Extension (n = 146)	BAT Randomised (n = 73)	Ruxolitinib Crossover (n = 45)	Total Ruxolitinib (n = 191)
Any AE	71 (41.7)	104 (25.4)	24 (35.8)	26 (32.6)	130 (26.6)
Anemia	21 (12.3)	31 (7.6)	5 (7.5)	12 (15.1)	43 (8.8)
Thrombocytopenia	14 (8.2)	20 (4.9)	4 (6.0)	9 (11.3)	29 (5.9)
Pneumonia	2 (1.2)	10 (2.4)	4 (6.0)	1 (1.3)	11 (2.2)
General physical health deterioration	2 (1.2)	5 (1.2)	3 (4.5)	3 (3.8)	8 (1.6)
Acute renal failure	3 (1.8)	4 (1.0)	0	3 (3.8)	7 (1.4) <sup>d</sup>



AE: adverse event.

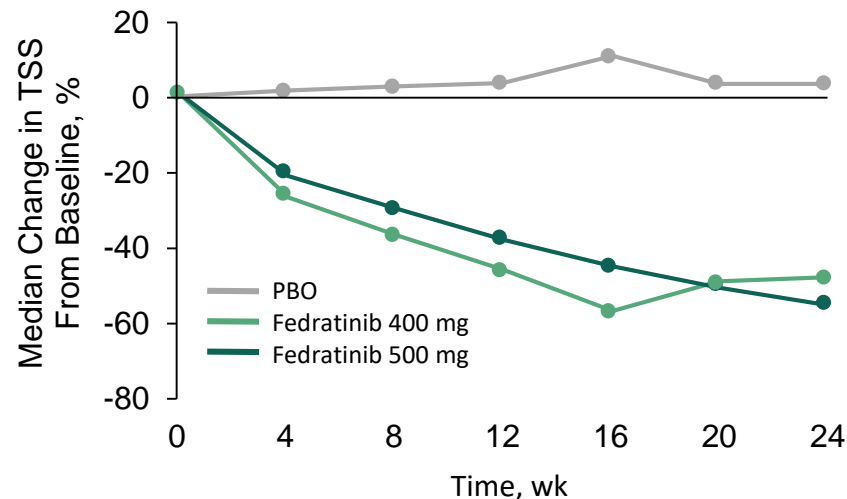
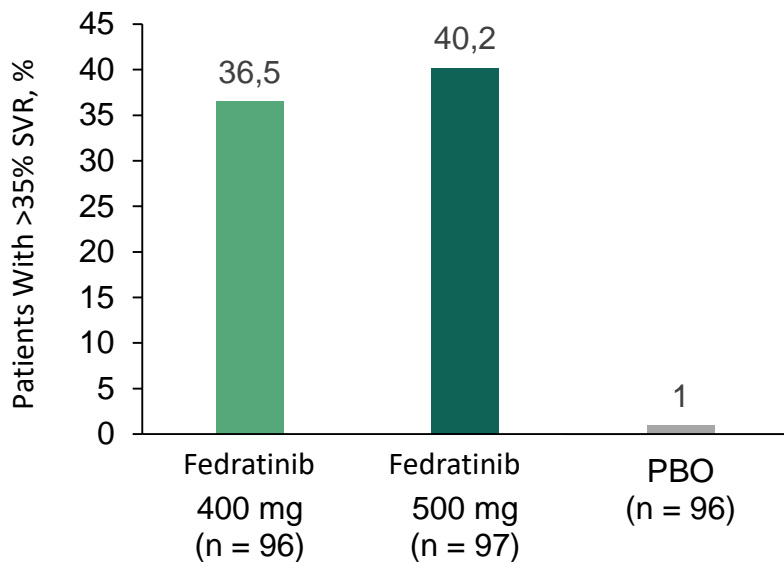
Verstovsek S et al. *J Hematol Oncol.* 2017;10:55.

Harrison CN et al. *Leukemia.* 2016;30:1701-1707.

# JAKARTA: Outcomes

## JAKARTA

Randomised, phase 3 study in which JAKi-naïve patients with Int-2 risk/  
high-risk MF received **fedratinib** (400/500 mg OD) vs **PBO**



TSS: Total Symptom Score.

Pardanani A et al. *JAMA Oncol.* 2015;1:643-651.

# JAKARTA: Safety Profile

AEs, n (%)	Fedratinib 400 mg (n = 96)		Fedratinib 500 mg (n = 97)		PBO	
	All Grades	Grade 3/4	All Grades	Grade 3/4	All Grades	Grade 3/4
<b>Nonhaematologic</b>						
Diarrhoea	63 (66)	5 (5)	54 (56)	5 (5)	15 (16)	0
Vomiting	40 (42)	3 (3)	53 (55)	9 (9)	5 (5)	0
Nausea	61 (64)	0	49 (51)	6 (6)	14 (15)	0
Constipation	10 (10)	2 (2)	17 (18)	0	7 (7)	0
Asthenia	9 (9)	2 (2)	15 (16)	4 (4)	6 (6)	1 (1)
Abdominal pain	14 (15)	0	12 (12)	1 (1)	15 (16)	1 (1)
<b>Haematologic</b>						
Anaemia	95 (99)	41 (43)	94 (98)	58 (60)	86 (91)	24 (25)
Thrombocytopenia	60 (63)	16 (17)	55 (57)	26 (27)	48 (51)	9 (9)
Lymphopenia	54 (57)	20 (21)	63 (66)	26 (27)	50 (54)	19 (21)
Leukopenia	45 (47)	6 (6)	51 (53)	15 (16)	18 (19)	3 (3)
Neutropenia	27 (28)	8 (8)	42 (44)	17 (18)	14 (15)	4 (4)

Thiamine levels to be checked before starting treatment and periodically during treatment

**Black box warning of Wernicke encephalopathy**

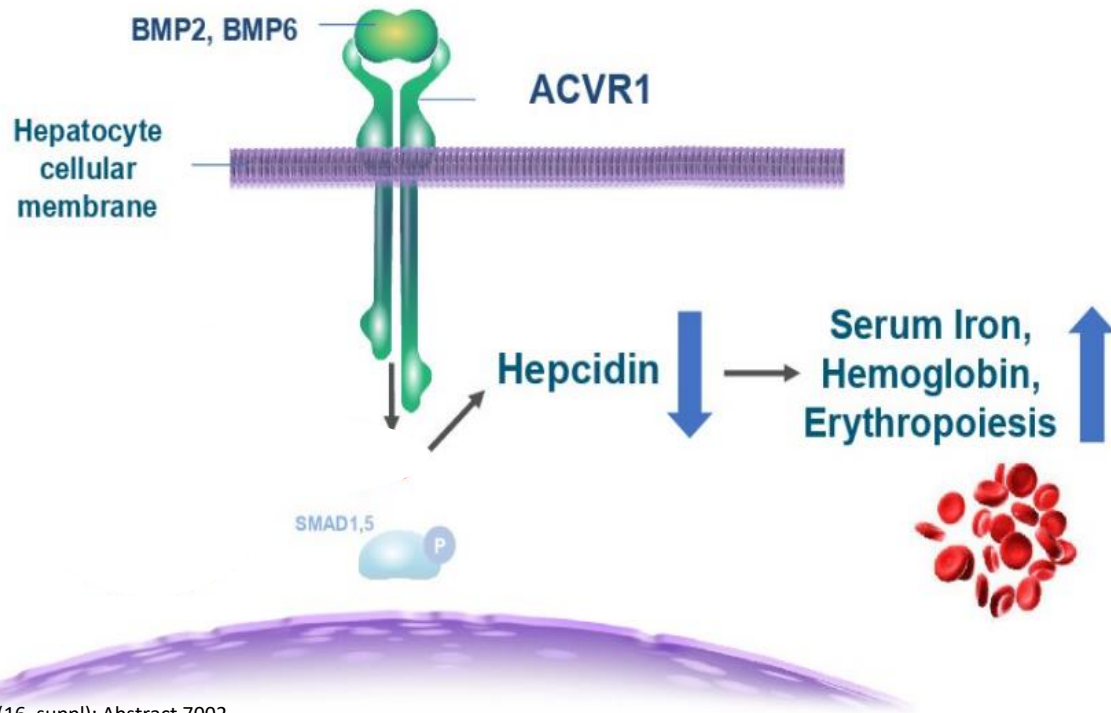
# JAK Inhibitors - Kinome Mapping

	IC <sub>50</sub> (nanomolar)						
	<i>JAK1</i>	<i>JAK2</i>	<i>JAK3</i>	<i>TYK2</i>	<i>ACVR1</i>	<i>IRAK1</i>	<i>FLT3</i>
Ruxolitinib <sup>[a,b]</sup>	2.8	4.5	322	30	> 1000	---	---
Fedratinib <sup>[a,b,c]</sup>	105	3	> 1000	405	273	---	15
Pacritinib <sup>[a,b,d]</sup>	1280	6.0	18.3	27	16.7	13.6	14.8
Momelotinib <sup>[a,b,e]</sup>	11	18	155	17	52.5	---	401

- IC<sub>50</sub>, half-maximal inhibitory concentration.
- a. Duenas-Perez AB, Mead AJ. Ther Adv Hematol. 2015;6:186-201; b. Oh S, et al. Clin Lymphoma Myeloma Leuk. 2022; 22(Suppl2): S327/ Poster MPN-145; c. Talpaz M, et al. Leukemia. 2021;35:1-17; d. Singer JW, et al. J Exp Pharmacol. 2016;8:11-19; e. Azhar M, et al. Blood Adv. 2022;6:1186-1192.

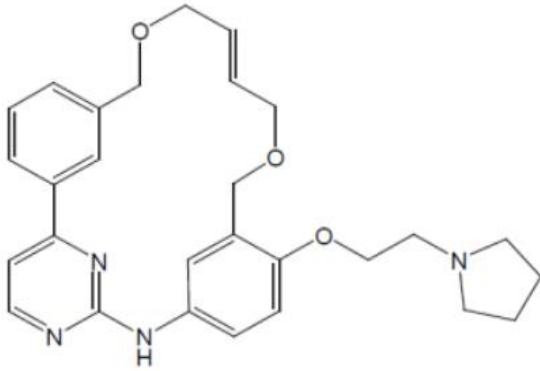
# ACVR1 Signaling Pathway in MF

Chronic inflammation drives hyperactivation of ACVR1 in MF, leading to elevated hepcidin, dysregulated iron homeostasis, and anemia



- ACVR1, activin receptor 1.
- Mesa RA, et al. J Clin Oncol. 2022;40(16\_suppl): Abstract 7002.

# Pacritinib: Selective JAK2, ACVR1, and IRAK1 Inhibitor



Pacritinib

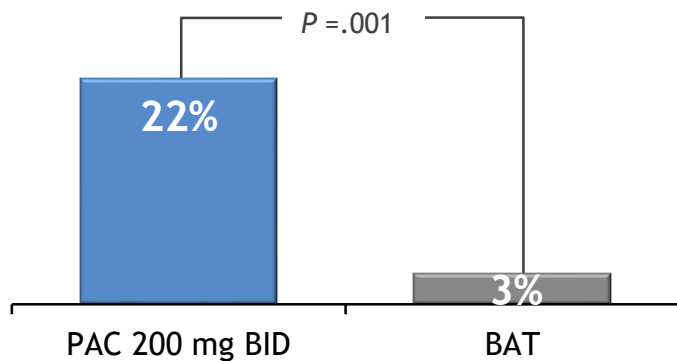
- Pacritinib is an oral JAK2, ACVR1, and IRAK1 inhibitor approved in 2022 by FDA (not EMA) for intermediate- or high-risk primary or secondary MF with platelet counts  $< 50 \times 10^9/L$ <sup>[a]</sup>
- Pacritinib has high selectivity for JAK2 over JAK3 and TYK2 and does not inhibit JAK1; this inhibitory profile results in minimal exacerbation of thrombocytopenias<sup>[b]</sup>
- Pacritinib also strongly inhibits ACVR1, thus enhancing erythropoiesis and reducing transfusion dependence<sup>[c]</sup>
- PERSIST-1 and PERSIST-2: phase 3 studies of pacritinib in 430 patients with MF<sup>[a,d,e]</sup>
- Most frequent nonhematologic AEs: diarrhea, nausea, and peripheral edema<sup>[a]</sup>

• a. Pacritinib [PI]. Approved 2022; b. Singer JW, et al. J Exp Pharmacol. 2016;8:11-19; c. Oh ST, et al. To be presented at: 64th ASH Annual Congress, New Orleans, LA; December 11, 2022. Abstract 628. Mesa RA, et al. Lancet Haematol. 2017;4:e225-e236; d. Mascarenhas J, et al. JAMA Oncol. 2018;4:652-659.

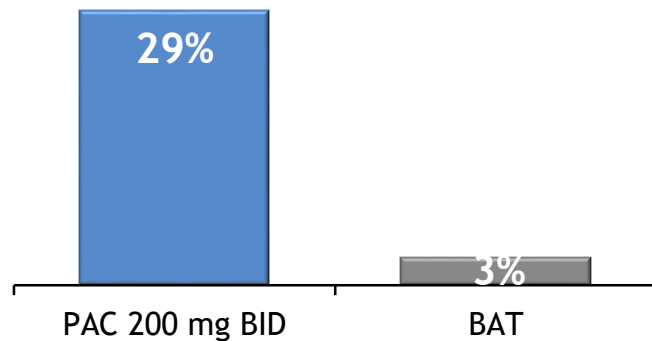
# PERSIST-2

## Spleen Volume Responses $\geq 35\%$ at Week 24

### ITT Population



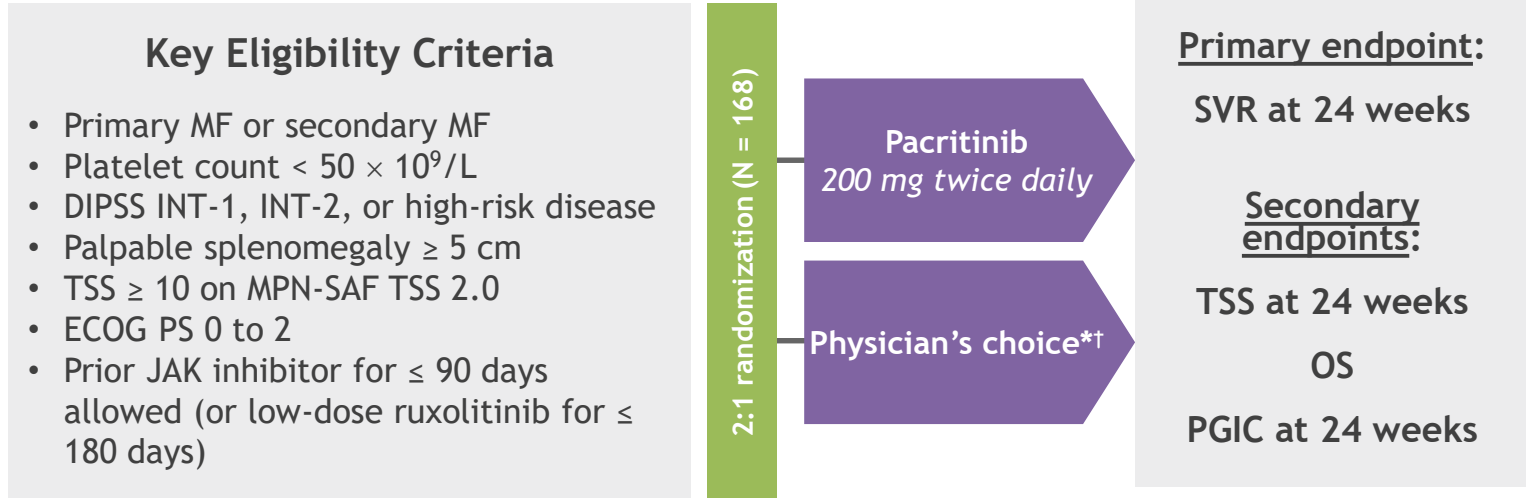
### Patients With Platelets $< 50 \times 10^9/L$



Additional subgroup analyses demonstrated patients receiving pacritinib achieved SVR  $\geq 35\%$  regardless of subgroup (eg, sex, age, *JAK2* V617F mutation status, prior treatment with JAK2 inhibitors, and baseline cytopenias)

- PAC, pacritinib.
- Mascarenhas J, et al. JAMA Oncol. 2018;4:652-659.

# PACIFICA: Phase 3 Pacritinib Trial



- \*Physician's choice includes any one of the following: low-dose ruxolitinib, corticosteroids, hydroxyurea, danazol. Investigators may select individual physician's choice agents but cannot combine agents or give them sequentially.

†Crossover not permitted.

ClinicalTrials.gov. <https://clinicaltrials.gov/ct2/show/NCT03165734>



# PACIFICA: Phase 3 Pacritinib Trial

**Key Eligibility Criteria**

- Primary MF or secondary MF
- **FDA approval February 2022 :**
- 
- 
- *« treatment of adults with intermediate or high-risk primary or secondary (post-polycythemia vera or post-essential thrombocythemia) myelofibrosis with a platelet count below  $50 \times 10^9/L$  »*
- 

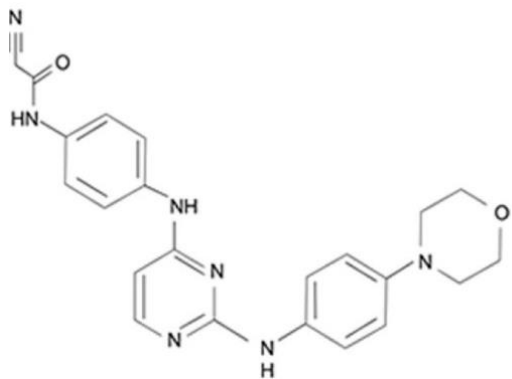
**Primary endpoint:**  
SVR at 24 weeks

- \*Physician's choice includes any one of the following: low-dose ruxolitinib, corticosteroids, hydroxyurea, danazol. Investigators may select individual physician's choice agents but cannot combine agents or give them sequentially.

†Crossover not permitted.

ClinicalTrials.gov. <https://clinicaltrials.gov/ct2/show/NCT03165734>

# Momelotinib: Emerging JAK1, JAK2, and ACVR1 Inhibitor



Momelotinib

- Momelotinib is an emerging inhibitor of JAK1, JAK2, and ACVR1 [a,b]
- This September FDA has approved momelotinib for the treatment of intermediate or high-risk myelofibrosis, including primary MF or secondary MF (post-PV and post-ET), in adults with anemia. [c]
- SIMPLIFY-1 and SIMPLIFY-2: completed phase 3 trials of momelotinib in first-line and second-line settings [a,b]
- MOMENTUM: completed phase 3 trial comparing momelotinib to danazol for MF with anemia [d]
- Most frequent nonhematologic AEs: diarrhea, nausea, and asthenia/fatigue [d]

# SIMPLIFY-1, SIMPLIFY-2, and MOMENTUM Trials

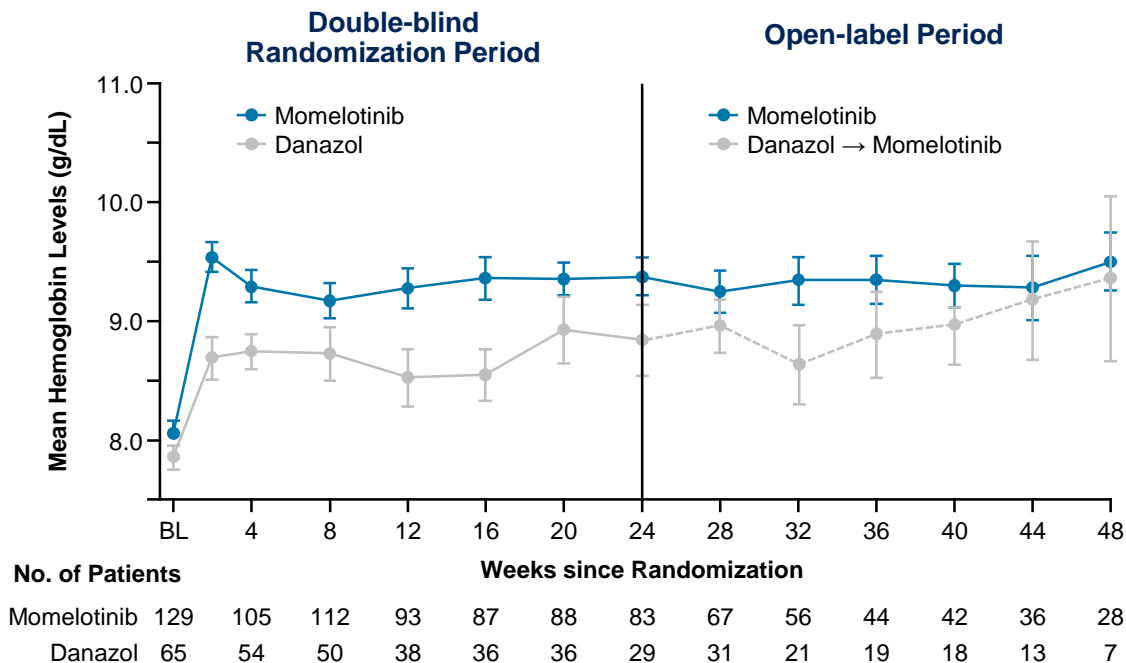
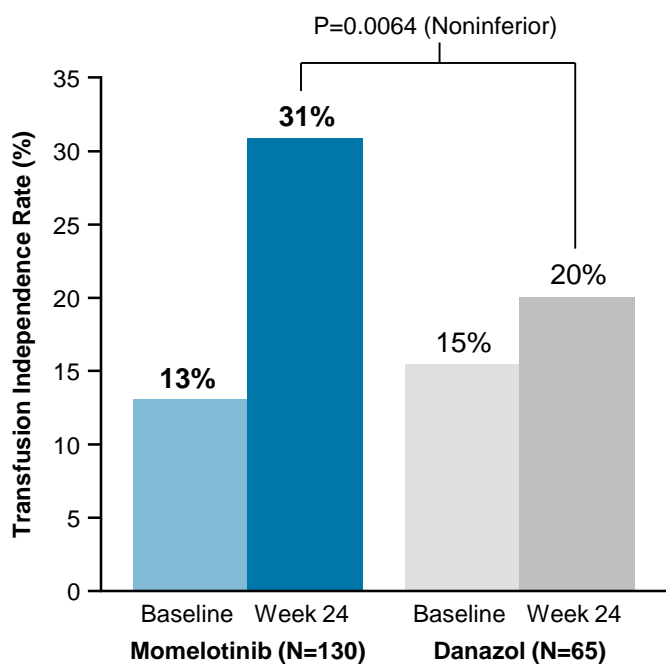
Agent	Trial	SVR 35	TSS 50 (at Wk 24)	Additional Outcomes	TRAEs
Momelotinib	<b>SIMPLIFY-1</b> MOM vs RUX (n = 432) (Mesa et al. 2017)	27% vs 29% ( <i>P</i> = .011; noninferior)	28% vs 42% ( <i>P</i> = .98; noninferiority was not met)	Transfusion rate, TI, and TD improved with MOM (nominal <i>P</i> ≤ .19 for all)	Anaemia, thrombocytopenia, infections, peripheral neuropathy
	<b>SIMPLIFY-2</b> MOM vs BAT (n = 156) (Harrison et al. 2018)	7% vs 6% ( <i>P</i> = .90)	26% vs 6% (nominal <i>P</i> = .0006)	TI: 43% vs 21% ( <i>P</i> = .0012)	Anaemia, thrombocytopenia, peripheral neuropathy
	<b>MOMENTUM</b> MOM (n = 130) vs Danazol (n = 65) (Verstovsek et al. 2023)	23% vs 3% ( <i>P</i> = .0006)	25% vs 9% ( <i>P</i> = .0095)	TI: 31% vs 20% ( <i>P</i> = .0064, one-sided; noninferior)	Thrombocytopenia, anaemia, infections

TRAE: treatment-related AE.

Mesa RA et al. *J Clin Oncol*. 2017;35:3844-3850. Harrison CN et al. *Lancet Haematol*. 2018;5:e73-e81. Verstovsek S et al. *Lancet*. 2023;401:269-280.

Passamonti F et al. *Crit Rev Oncol Hematol*. 2022;180:103862.

# Transfusion Independence\* Rate at W24 and Mean Hemoglobin Over Time



\*Defined as not requiring red blood cell transfusion in the terminal 12 weeks of the 24-week randomized period, with all hemoglobin levels during the 12-week interval of  $\geq 8$  g/dL.

# Potential future sequence of JAKi therapy..?

1

First-line → ruxolitinib

- Fedratinib 1<sup>st</sup> line: very large spleen and thrombocytopenia?  
Specific co-morbidities (cancer, opportunistic infection...)

2

Second-line spleen and thrombocytopenia → fedratinib

- (FREEDOM study)

3

Second-line anemia and ? Thrombocytopenia → momelotinib

- (MOMENTUM study)

4

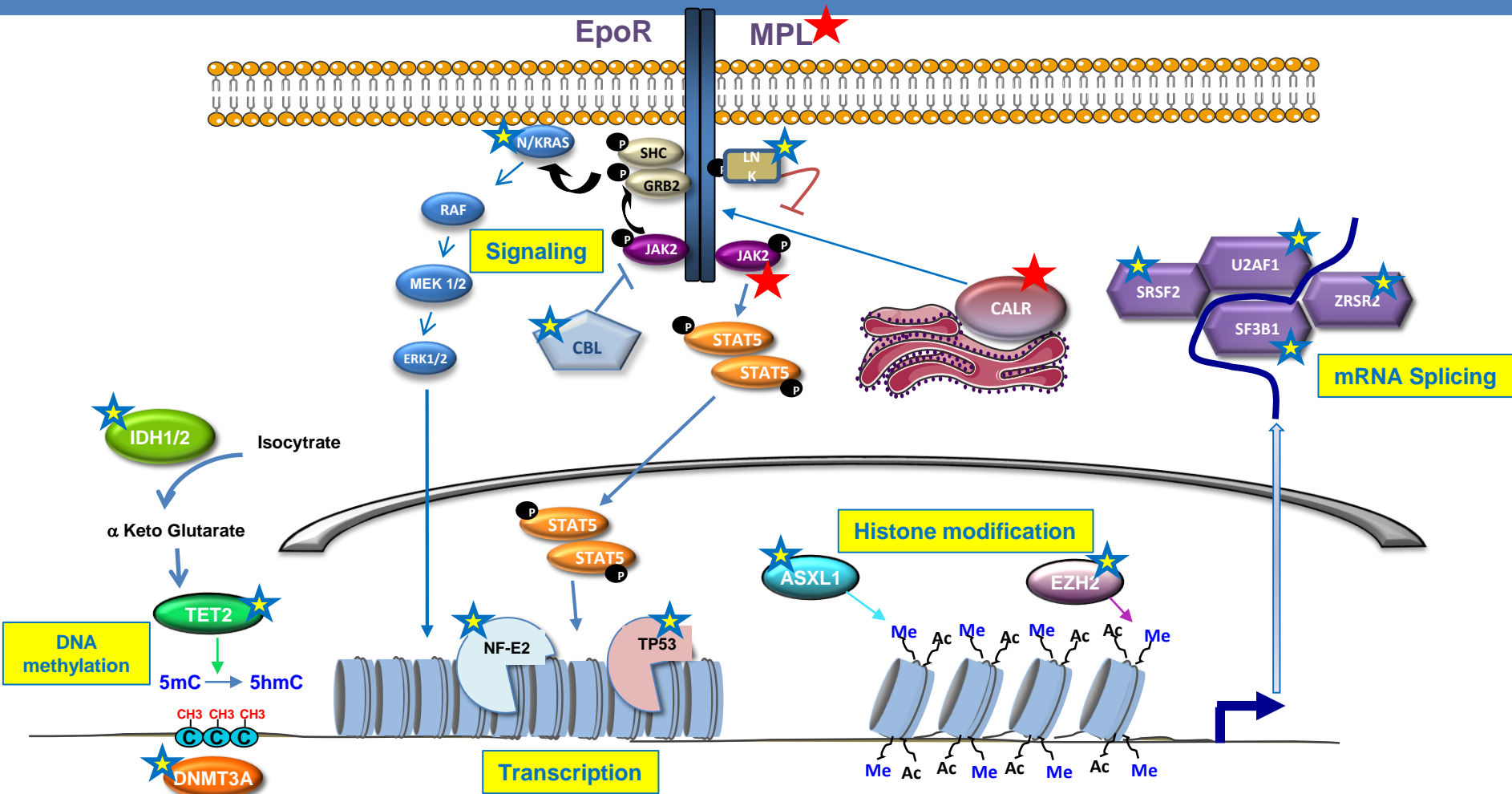
Second- or first-line thrombocytopenia → pacritinib

- (PACIFICA study)

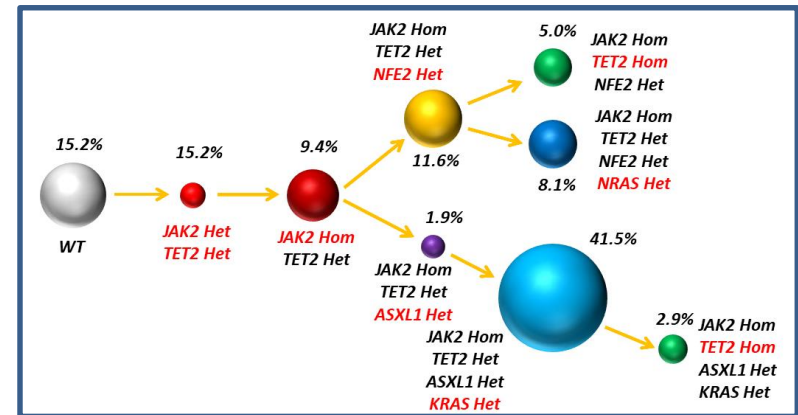
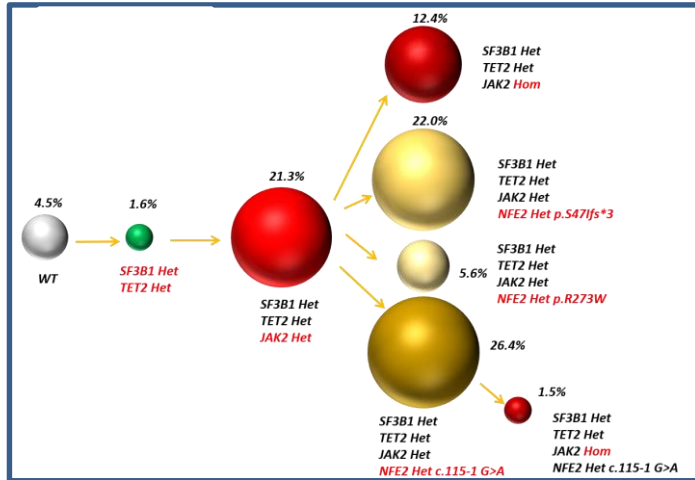
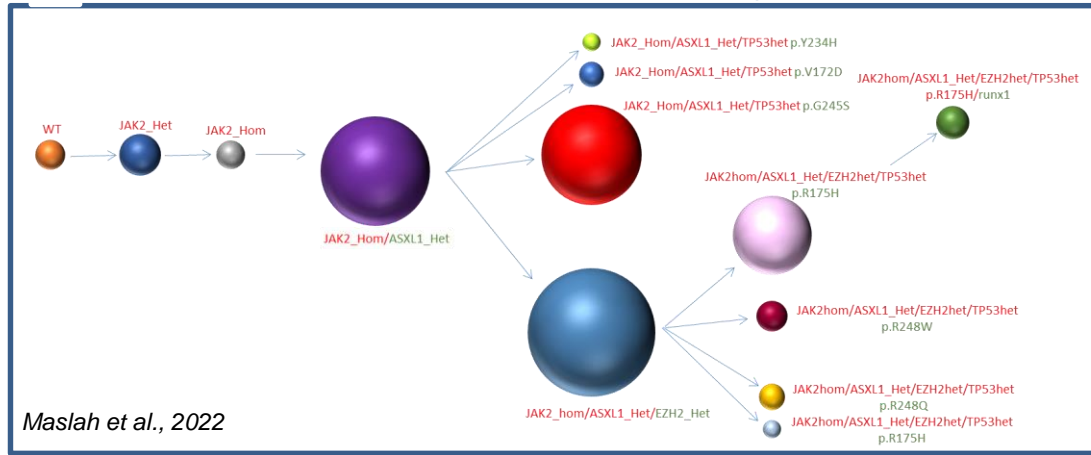
# OBSTACLES TO CURE

---

- Disease complexity
- Dynamic changes of clonal architecture
- Limitations of currently available drugs



# Clonal architecture in MPN: from very simple to very complex





# PATH TO CURE

---

- Disease modifying therapies

# What is a disease modifying therapy?

## **Disease modifying activity:**

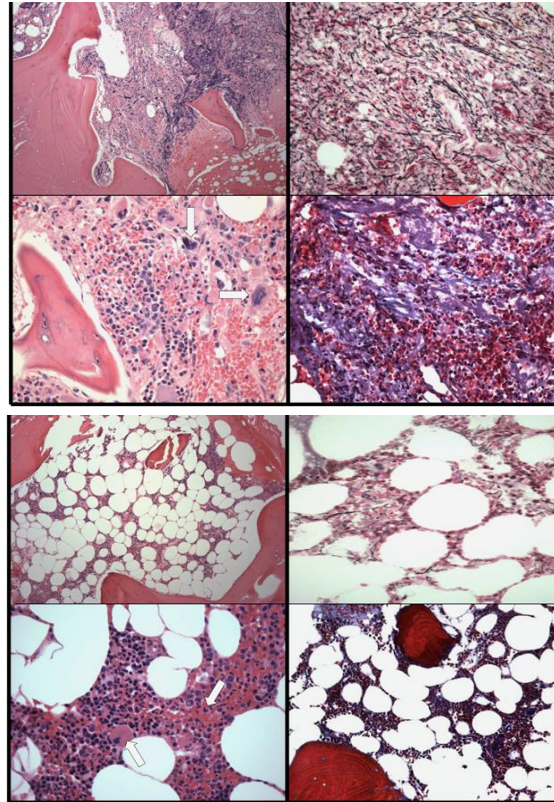
- Block the underlying pathophysiology of the disease

## **Potential biomarkers of interest in classical MPNs:**

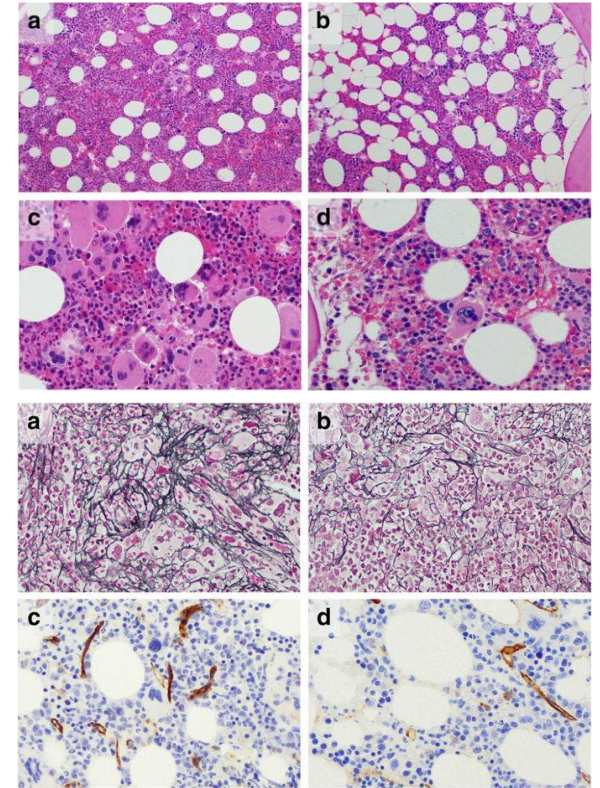
- Bone marrow histopathology
- Molecular lesions
- Inflammation

# What is a disease modifying therapy?

- Histological responses
  - In early MF
    - *rIFN alpha-2b*



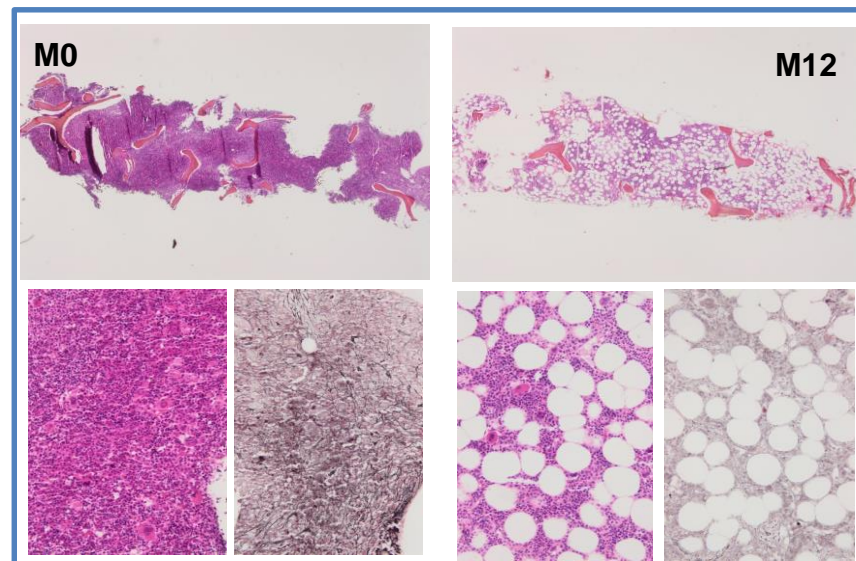
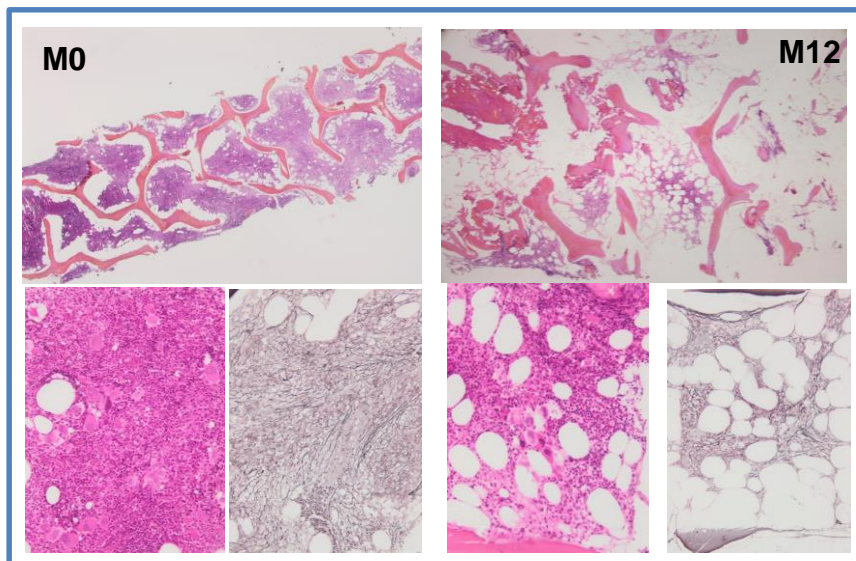
Silver RT, et al. *Leukemia*. 2009;23(7):1366-9.



Pizzi M, et al. *Mod Pathol*. 2015;28(10):1315-23.

# What is a disease modifying therapy?

- Histological responses
  - In early MF
  - In MF - *ruxolitinib + peg-IFN $\alpha$  2 $\alpha$  (RUXOPEG)*



# What is a disease modifying therapy?

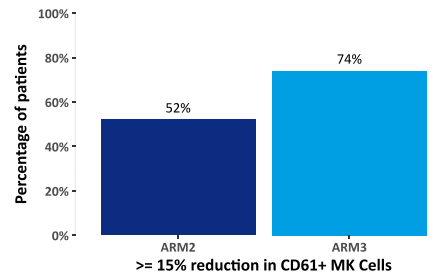
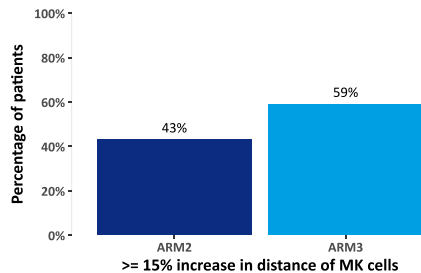
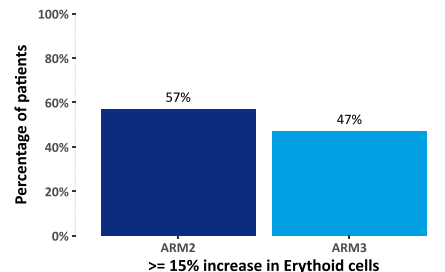
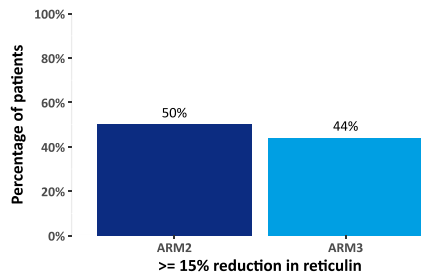
- Histological responses

- In early MF

- In MF

- *ruxolitinib + peg-IFN $\alpha$  2 $\alpha$*  (RUXOPEG)

- *ruxolitinib + pelabresib* (MANIFEST)



Bone marrow improvement is quantified by decrease in megakaryocyte clusters, reduced reticulin density and increase in erythrocytes

# What is a disease modifying therapy?

- Histological responses
  - In early MF
  - In MF
    - *ruxolitinib + peg-IFN $\alpha$  2 $\alpha$*  (RUXOPEG)
    - *ruxolitinib + pelabresib* (MANIFEST)

*Clinical relevance of histological response ?*

# What is a disease modifying therapy?

- Histological responses

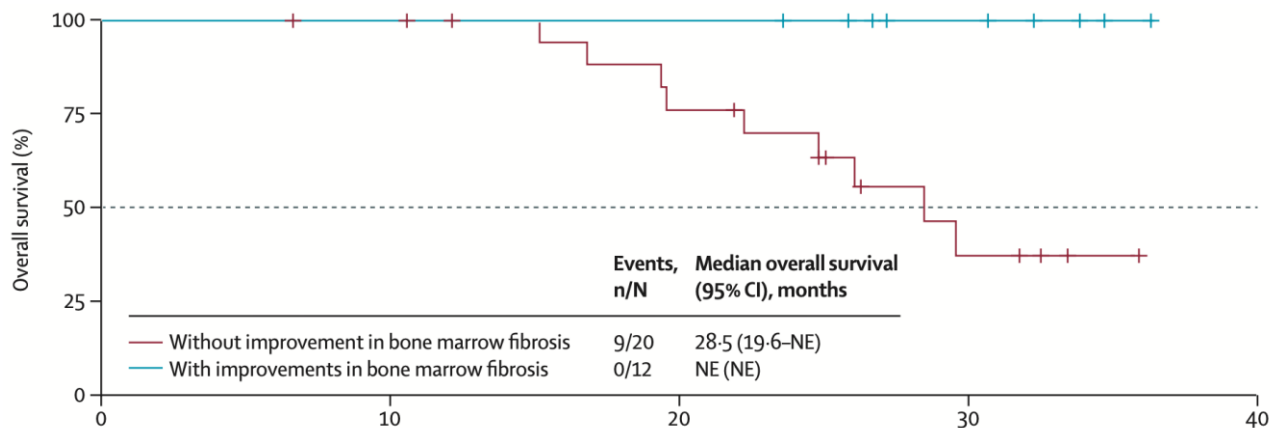
- In early MF

- In MF

- *ruxolitinib + peg-IFN $\alpha$  2a (RUXOPEG)*

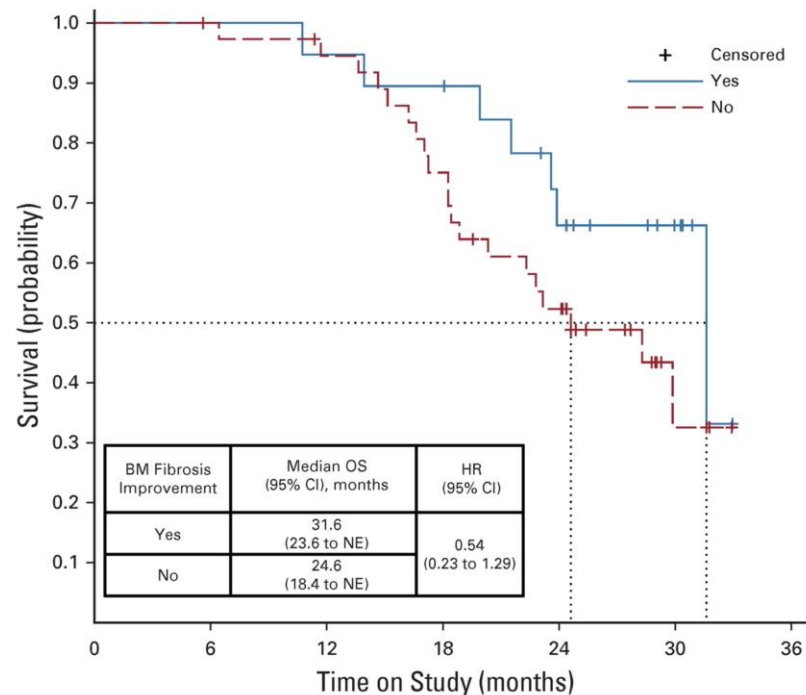
- *ruxolitinib + pelabresib (MANIFEST)*

- *ruxolitinib + navitoclax (REFINE)*



# What is a disease modifying therapy?

- Histological responses
  - In early MF
    - *ruxolitinib + peg-IFN $\alpha$  2a (RUXOPEG)*
    - *ruxolitinib + pelabresib (MANIFEST)*
    - *ruxolitinib + navitoclax (REFINE)*
    - *imetelstat (MYF2001)*





# What is a disease modifying therapy?

## **Disease modifying activity:**

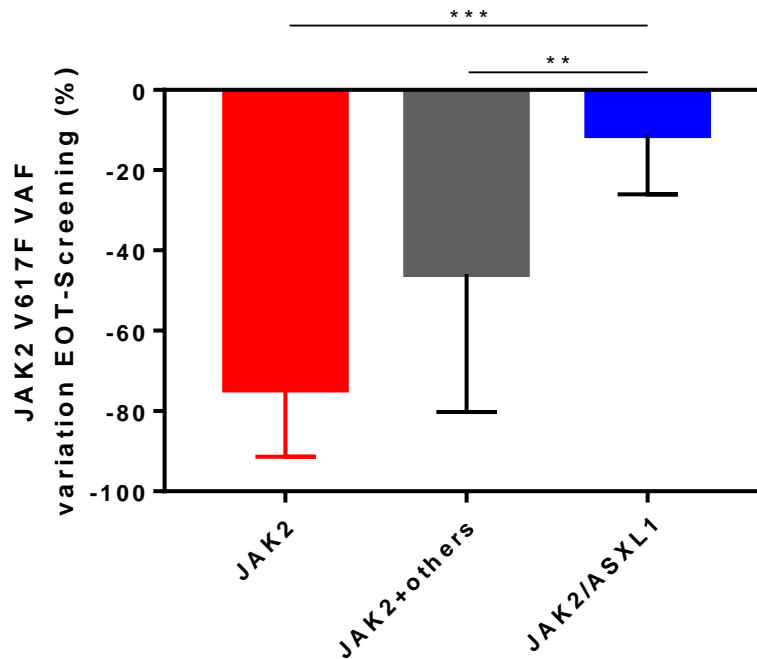
- Block the underlying pathophysiology of the disease

## **Potential biomarkers of interest in classical MPNs:**

- Bone marrow histopathology
- Molecular lesions
- Inflammation

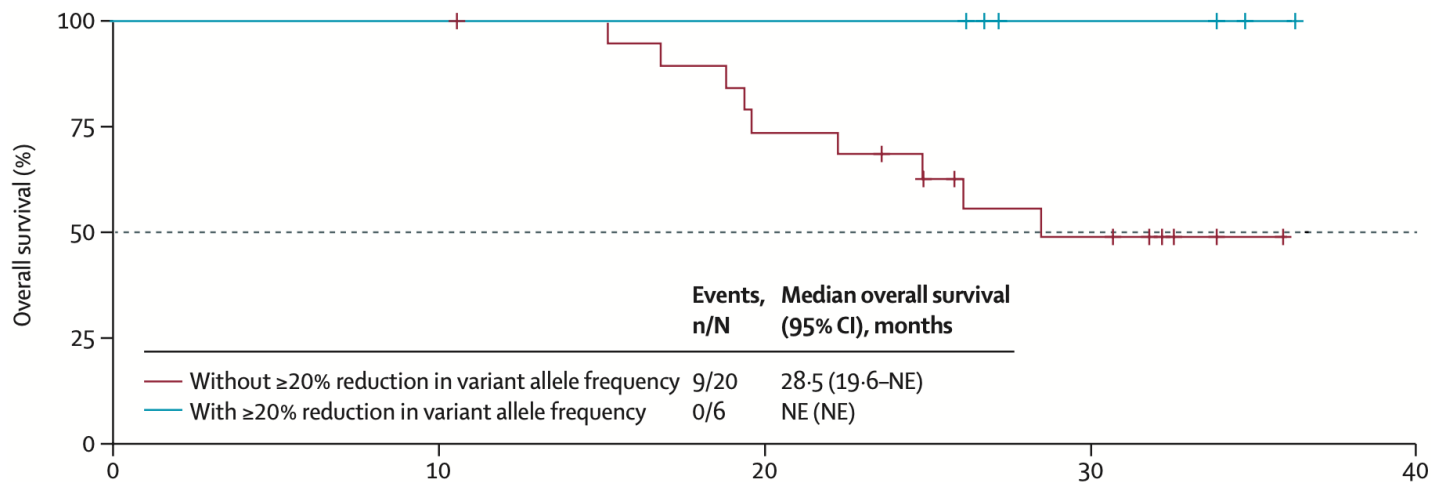
# What is a disease modifying therapy?

- Molecular responses
  - *ruxolitinib + peg-IFN $\alpha$  2a (RUXOPEG)*



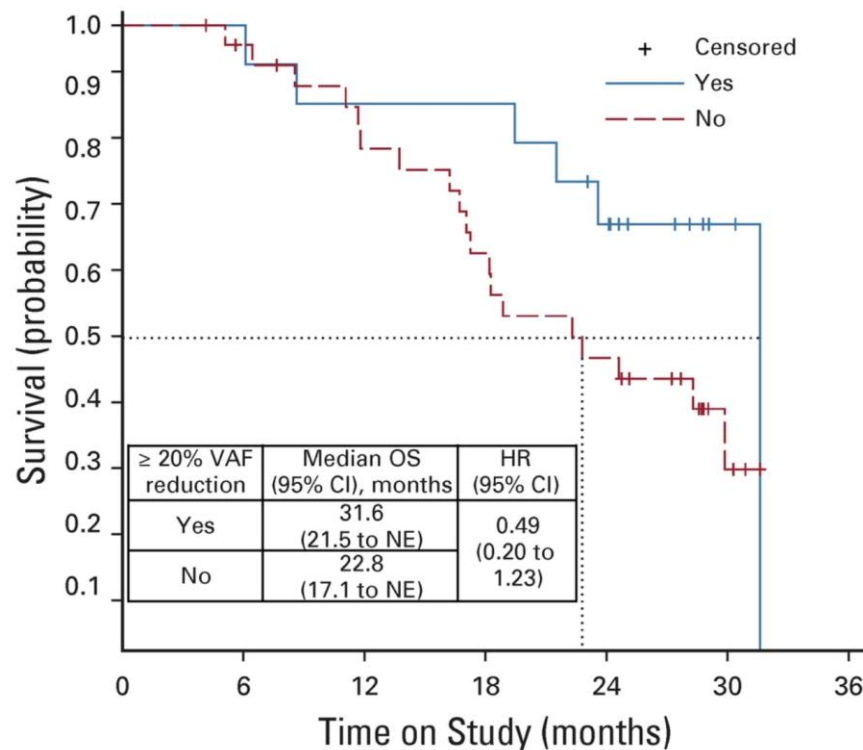
# What is a disease modifying therapy?

- Molecular responses
  - *ruxolitinib + peg-IFN $\alpha$  2a (RUXOPEG)*
  - *ruxolitinib + navitoclax (REFINE)*



# What is a disease modifying therapy?

- Molecular responses
  - *ruxolitinib + peg-IFN $\alpha$  2 $\alpha$*  (RUXOPEG)
  - *ruxolitinib + navitoclax* (REFINE)
  - *Imetelstat* (MYF2001)



# What is a disease modifying therapy?

## **Disease modifying activity:**

- Block the underlying pathophysiology of the disease

## **Potential biomarkers of interest in classical MPNs:**

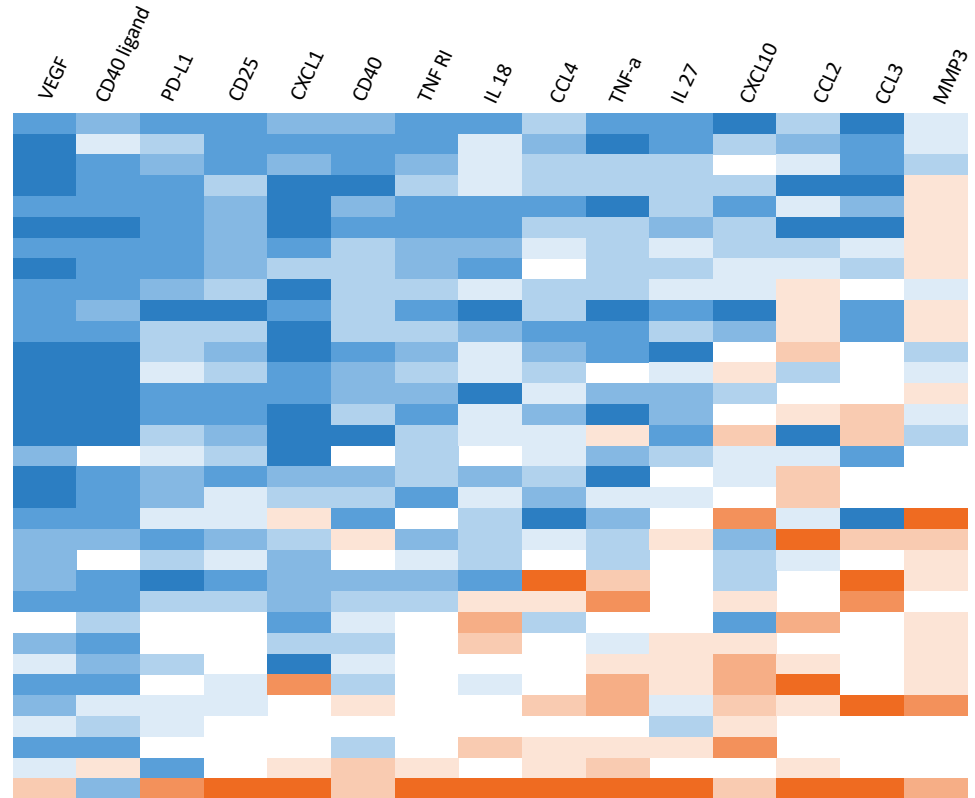
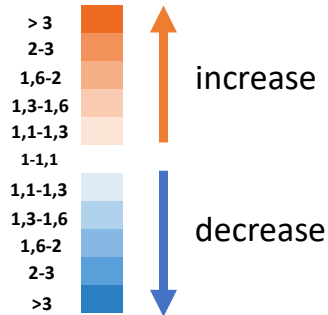
- Bone marrow histopathology
- Molecular lesions
- Inflammation

# What is a disease modifying therapy?

- Inflammation

- *ruxolitinib + peg-IFN $\alpha$  2a (RUXOPEG)*

## Fold change

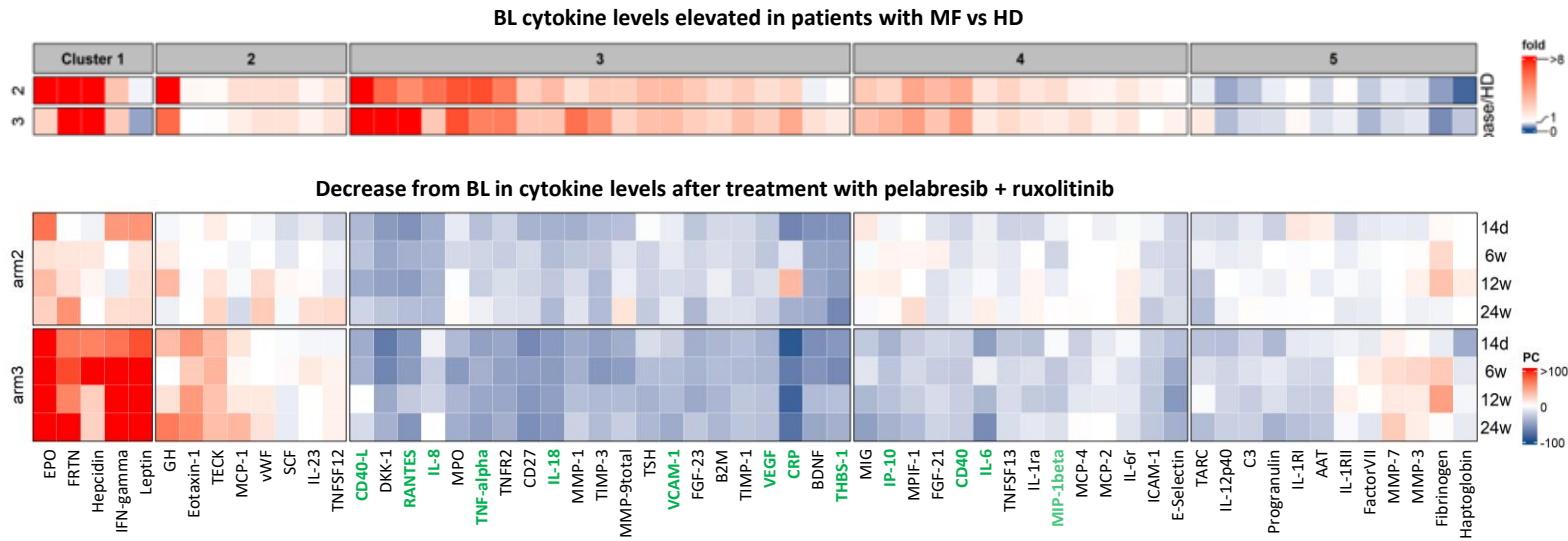


# What is a disease modifying therapy?

- Inflammation

- ruxolitinib + peg-IFN $\alpha$  2a (RUXOPEG)*
- ruxolitinib + pelabresib (MANIFEST)*

Cytokines previously shown to be NF- $\kappa$ B targets, inflammation related and elevated in MF patients (clusters 3 and 4) are strongly decreased during treatment. Downregulation was rapid (14 days) and durable (through 24 weeks)



# Conclusion

- Allo-HSCT is still the best curative option in MF, but remains a very high risk procedure in many patients
- Myelofibrosis is often an oligo/polyclonal disease unlikely to be cured by a single targeted therapy
- Treatments received during the chronic phase of MPN clearly impact survival and risk of transformation through emergence or selection of high risk mutations
- Treatments combining JAK inhibition + drugs targeting complementary pathways could lead to (operational) cure in the near future...



# Acknowledgements



**Saint-Louis Hospital**  
Paris, France



**Institut de Recherche Saint-Louis,**  
Paris, France

## **Clinical Investigations Center**

Dr Juliette SORET

Dr Lina BENAJIBA

Dr Rafael DALTRO DE OLIVEIRA

## **Cellular Biology Department**

Prof Stephane GIRAUDIER

Dr Bruno CASSINAT

Dr Emmanuelle VERGER

Dr Nabih MASLAH

## **Clinical Hematology Departments**

**INSERM UMRS-1131**

**INSERM UMR-944**

## **Comprehensive MPN Center**

**French Intergroup of MPN (FIM)**

Hôpitaux Universitaires  
**SAINT-LOUIS**  
LARIBOISIÈRE  
FERNAND-WIDAL

 **Université  
de Paris**

